



National Award Winning Show

# Speaker's Program

## Wellness Center – Gym 1

### **SATURDAY, March 8, 2008**

- 10:30 am – 11:00 am **Power, Hope and Determination**  
*Dr. Nadine Johnson*
- 11:15 am – 11:45 am **Take Your Health Back – 4 Steps To A Healthier Life**  
**Learn to identify and solve challenges from low energy, weight gain, feeling old, to chronic "weird" illnesses (found with both adults and kids)**  
*Cindi Callahan, Power Wellness Solutions*
- 12 noon – 1:00 pm **Natural Choices for Women – In Health Care**  
*Jean Wible, RN, Healing – Energy Therapies - Stephanie Porter, ND, Naturopathic Physician*
- 1:00 pm – 1:30 pm **The Pursuit of Happiness**  
*Colette Chase, founder of Divine Wing Ministries*
- 1:45 pm – 2:15 pm **Navigating the Special Education System**  
*Sharon R. Saroff, M.S. Ed. - S.E.D.R.A*  
*Debbie Eccles, Educational Legal Advisors*
- 2:30 pm – 3:00 pm **Connecting With Love**  
**Explore the stages of love and learn how to reconnect with your partner using the Imago three part communication dialogue**  
*Linda M. Grande, M.S. LCPS, CCDC Licensed Clinical Professional Counselor*
- 3:15 pm - 3:45 pm **Chiropractic AND Acupuncture "Real options that REALLY work"**  
*Dr. F. Steven Baron, Bay State Chiropractic - Cara Michele, Women in Wellness*
- 4:00 pm - 5:00 pm **Q & A Forum: Being in Business: Women That Own Their Own Business, Networking, Franchising and Direct Sales Businesses...**  
**WEB - Women Entrepreneurs of Baltimore**  
**Meet Women That Are Their Own Boss**  
*Patsy Anderson, CEO, Women's Expo Forum; Nancy Daniel, Networking;*  
*Carol Stover, Direct Sales Business; Cathy Schneider, Franchise Business*

### **SUNDAY, March 9, 2008**

- 10:30 am – 11:00am **Get Hired Now! Or Hire Yourself!**  
*Marcia Merrill, eCareer Corner*
- 11:15 am – 11:45 pm **Toxicity in America, Its Relationship to Disease, Your Health & Weight**  
*Pam McLellan, Isagenix International*
- 12 noon – 12:45 pm **Civility and Ethics in the Workplace- 25 Rules of Considerate Conduct**  
*Professor Larry Aaronson, SIFE – Student in FREE Enterprise*
- 1:15 pm – 1:45 pm **A Menu of Love – The Vegetarian Lifestyle**  
**The Why's and How's of shifting toward a plant centered diet**  
*Don Robertson, Earth Save*
- 2:00 pm – 2:30 pm **Receiving the Divine Gift of Breast Cancer**  
**My process, start to finish, healing myself using a naturopathic approach**  
*Ann Hosmer, Power Excel*
- 2:45 pm – 3:15 pm **Six Healing Essential Oils of the Bible**  
**The benefits of Frankincense, Myrrh, Sandalwood, Myrtle, Cypress, and Cedarwood for physical, emotional and spiritual balance**  
*Linda Penkala, CMT, Optimum Health for Life*  
**How Do Herbs Work?**  
*Dr. Akua N. Zenzele, Natural Path Holistic Wellness Center/Herbal Creations*
- 3:30 pm – 4:00 pm **TODAY'S SCOOP on REAL ESTATE**  
*Julie Mattis, ReMax Allegiance Linda Freeman, Innovative Mortgage Consultants*
- 4:15 pm – 4:45 pm **Compulsive Eating Treatment**  
*Deborah Kauffman, Mindfulness Based Health at Every Size*

Q & A For Speakers Will Be Conducted At Their Booths Following Their Presentation  
*We apologize in advance for any error in this program.*